

# THE FLORIDA ORIENTEER

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## NOTE

Due to increased expenses, the map fee for non-members is now \$6.00. Additional maps are still only \$2.00

## Announcing, Announcing, Announcing, The Most Stupendous Event of the Florida Season,

by Bob Putnam

Do Not Miss (On Pain Of Perpetual Disappointment), Saturday Mar 1, 2003, ONF - The Inauguration of the Woodpecker West Map!

The event we've all been waiting for. A brand new map, and if everything works out, all pre-printed maps. This means that the event is run just like world-class events, and even the US championship events, in which no-one has seen either the map or the course before the clock starts.

Of course, lots of you have not been on the edge of your seats waiting for this because you very much prefer to see the courses and the map **before** your event starts. Bear with those of us who would rather do it this way. It's not as frightening as you think, and besides, we only get this sort of excitement every two years or so. It will be fun for all; you must believe me.

Malcolm Adams completed the fieldwork on the map just two weeks ago. He's now in Canada drafting the computer version of the map. Jonathan Linforth is designing courses, and vetting control locations in the woods, as you read this. Sometime, probably in the wee hours before the event, Jonathan will be printing out the maps in the same fashion as was done for the January Wekiwa event: high quality maps with no need for you to draw in any circles.

Malcolm reports that the area mapped is similar to Woodpecker Hill (WH) in terms of terrain and relief, but a little thicker in terms of vegetation. Expect a little less visibility, virtually no water features like those pretty WH sinkholes, and lots of the vertical green bar symbol indicating good visibility but 'slow run' due to the underbrush.

continued on page 3

**WARNING:** Woodpecker West may fall apart if it is not humanly possible to complete the map drafting in time. In which case we'll revert to Woodpecker Hill for the event - staged along the east boundary of WH, along Forest Road 538.

**NEW FLO MAIL GROUP:** <http://groups.yahoo.com/group/FloridaOrienteering/>  
be in the O'know – get the latest event information – sign up today!

## Adventure Racing

### So You Want to do an Adventure Race, by Dr. Ron Eaglin

At some point many orienteers ask themselves about this "other" sport out there that has many of the elements of orienteering; but also many beyond - Adventure Racing. The first thing to remember about an adventure race is "Don't Panic". AR folks like to talk about finishing times in hours and days - but that is one of the extremes of the sports.

You will probably want to start at the "Sprint" level. Sprints are very similar to triathlons in setup, with a transition area, and distinct events to do. Sprint races are anywhere from 2 to 24 hours long, but most races advertise a time: such as 4 hour or 12 hour sprint. These are average or finishing (limit) times, and the advertising will tell you which. A 4 hour limit race is a good beginner race. This sounds long, but remember you won't be doing one thing the whole race (like when running in a Marathon).

AR is a team sport, so you will need to find a few like-minded individuals. When you first start the sport it is good, but not necessary, to find a teammate with some experience. You should already be pretty familiar with the woods, and AR is not much different. As you gain experience you will want to find teammates who are of similar speeds as you in the different events (especially running and biking). This will minimize frustration: waiting for slower teammates, or trying to keep up with teammates who are much faster than you.

Going to the many organized training sessions, or meeting potential partners at races, are 2 good ways to meet teammates. Also all AR sponsors have a bulletin board where you can find potential teammates.

AR gear: for the basic starter you need a bike, a helmet, a compass, and a hydration pack. You may notice that nearly all racers run with a pack, even when not needed. Ask them why, and they will always say they are training, and really this is true. A month before any big race I start doing 5 to 10 mile runs with the pack carrying a few weights. This is to get used to the feeling of running with the pack.

Even for short races of 4 hours, the pack is necessary. Unlike road races, there is no water on the course, and you may be out there for a long time in the hot Florida Sun. All races will post **mandatory** gear. Most of the time this is easy to come by, and inexpensive. The expensive gear is reserved for longer races. ▣

In Florida, races are put on by:

X-Treme Challenge <http://www.x-tremechallenge.com>

Adventurous Concepts <http://www.floridaraces.com>

Many questions will be answered at the Central Florida Adventure Racers web site: <http://clubs.cecs.ucf.edu/ar/>

### Adventure Racers Becoming FLO Fixture, by Bob Putnam

FLO regulars may have noticed the increasing number of really fit, really fast, really well equipped individuals, pairs, and teams, going out on our Advanced courses lately.

Sure, some of the really fit and fast ones are old FLO veterans. But most of them probably consider themselves Adventure Racers first, and are trying orienteering to improve their navigation skills. Naturally they are learning to love orienteering too.

We are thoroughly gratified at your participation and hope that you are indeed all improving your times and placement in AR events due to the orienteering experience. Here's hoping we see many more of you in the future. ▣

### FLO Information

**FLO Hot line:**  
(407) 672-7070

**Web Pages:**  
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## Announcing The Most Stupendous Event...

continued from cover

**Translated:** Challenging, physically difficult, advanced courses, but the usual fine hiking you've become accustomed to on White-Yellow-Orange. Not to belabor this NEW MAP stuff too much, but this is really special. Our usual local events are what USOF would classify as Class C events. If we have a full set of courses, and vet the control locations carefully, they'd call it a Class B event. This is even better, because rarely do we experience a new map.

Most elite USOF Class "A" events do not even use new maps. One last warning - please don't use this event to 'move up' in course difficulty - if you're not sure you're ready. We don't want to have to go looking for lost or overtime people the first day. See you in the woods.

**DIRECTIONS:** Woodpecker West is the area bordering the west boundary of the Woodpecker Hill map. The west boundary of Woodpecker West is SR 445, and the north tip of the map is about 1/2 mile from Alexander Springs. Go north on SR 19 from Altoona for 5.5 miles to SR 445. Turn east on SR 445 and go 2 to 4 miles to the FLO staging area.

Parking will almost certainly be on the right along the broad grassy east shoulder of SR 445. But if not just keep an eye out for our orange orienteering signs. ■

## The Little Big Econ April 5 & April 6, by Bob Putnam

You read that right. We are once again (still!) forced to limit ourselves to 75 persons per day at LBE. The good news is that you do not have to pre-register, as was done last Fall. **Participation will be on a First Come - First Served basis.**

Once again, our overflow venue for each day will be Geneva Wilderness Area (GWA), where we are limited to White, Yellow and Orange courses. Courses will be left in the woods overnight, and used for both days. **To best serve our constituency, we ask that High School, Youth Groups, and JROTC units plan on attending Saturday, and that the "civilian" FLO membership plan on attending Sunday.**

Please work with us on this admittedly awkward requirement. We can only hope these restrictions are temporary. But since we love this park and want to use it often, we want to abide by whatever rules they see fit to impose for the time being, and be vigilant about being the best behaved guests they have (as if you weren't already).

The LBE courses will stage out of the Snow Hill Road Headquarters parking lot - the shell road which leads to the circular turnaround, just to the south of the HQ building.

Remember that a \$2 per car honor system fee is required, the distribution box is located at the entrance gate at Snow Hill Road. If you are diverted due to overflow, to GWA, there is no fee for GWA. Therefore take your fee envelope with you to the FLO registration table to learn first whether you will be staying at LBE or overflowing to GWA. ■

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## How do we Create an Orienteering Map? by Mike Dempsey

The first step is to decide on an area to be mapped, and then order a set of aerial photos from the Florida DOT. These photos are sent to a company in Scotland, where they are used to create a base map. The photos are taken such that each one overlaps the previous one by 60%. Viewing two adjacent (taken from slightly different angles) photos at the same time, creates a 3D image of the terrain. The mapper "sees" the lay of the land, and can produce a map that not only shows the main trails, fences, and vegetation boundaries, but also the contours.

Next is the field survey stage. We start by spending one or two days walking throughout the area, getting an idea of the scale of features that will need to be mapped. This allows us to determine, for example, how large a palmetto thicket needs to be before we will mark it as a feature on the map.

Now we are ready to start the actual fieldwork. The area is broken up into a number of manageable sections, each bordered by distinctive features such as trails or riverbanks. A piece of mylar is attached over the section to be mapped, so that details and notes can be marked on the overlay, while leaving the base map visible below.

We locate a well-defined starting point, whose position we can be certain of. From here we map the trails to provide us with solid attack points to use for positioning later features. After completing the trails we move on to the major features within the area, using triangulation from at least 2 attack points to precisely locate a distinctive feature. Other lesser features, within a radius of maybe 100m, are then mapped relative to this distinctive feature. This process is continued until the whole section has been mapped. During this time, lesser trails and ditches that were not seen on the aerial photos are added, as well as small depressions and knolls.

After the fieldwork is completed we scan the field map into a computer application called OCAD. This map is used as a template to copy the information, using the correct symbols and colors, to what will become our final map. Each contour, trail, vegetation boundary, and feature must be copied individually. This can take almost as much time as the original fieldwork, but the end result is a full-color map that will be printed and used at FLO events. ■

## Great Kick-Off Event for 2003 – Deleon Springs, by Bob Putnam

Fine Cool Weather! Civil War Re-enactors! A visit from the publisher of *Orienteering North America* magazine! Three hour courses, Muddy Trails and Smiling Faces! What more could you ask from an Orienteering day? Hardly a thing, unless you want me to actually remember to bring along all the equipment, or to arrange for enough helpers, or to help my wife with registration when she disappears behind a sea of bodies, etc, etc, etc...

So it was a mess. So what? Other than being unable after a while to muster a smile, or make the fingers work, or stop shivering, it was just the sort of day we all sort of hope for: mobbed. A total of 291 people started out on the various courses - a full 100 more than the previous record crowd at DeLeon Springs. And apparently they enjoyed themselves. I heard lots of positive comments to warm the heart of a poor course setter who's never quite sure a Score'O event will be appreciated as **real** orienteering.

Such apprehension on my part gave birth to the idea of **Scrabble'O** to spice up the regular Score'O event. Thinking back on it, the truly innovative idea at this event was the 3 hour time limit for the regular Score'O. If some find all the controls within the three hours, they are simply ranked by finish time. Duh, why didn't we think of that before?

I thought the Scrabble'O was a neat idea, but only 7 parties (17 people) tried it. Extra points were earned by forming scrabble-permissible words of the two-letter codes on each control. Codes were not given out on the description sheets; you had to carry a pencil with you. Visiting all 32 controls you could earn as much as 80 extra points. But you would have to re-visit the controls with the letters to be used, unless you had double-punched that control already (risking big penalty points if not using those letters - you can see it gets complicated...).

Course Winners: Mike & Cynthia Reynolds - White, Frank Brown - Yellow, Dave Ousley tearing up the Score'O, finding all 32 controls in 85:25, and Donna Fluegal handily winning Scrabble'O. **Congratulations to all.**

Those who came in over the three-hour time limit are listed as DQ-Overtime, per instructions at the event. There were 21 parties who found all 32 controls within 3 hours. One other remarkable statistic is the 128 people who went out on Yellow, a tie with the '99 RSRSR event.

We were unable to see how many of our people found time to interact with the Civil War encampment. But I understand lots of O'ers were in the woods during their skirmishes, which is a good thing. They like an audience. And I hope you all donated lots of money into the bucket they had at the entrance booth, in lieu of normal entrance fees.

I was disappointed to see the water levels down a bit from the time I first scouted out the park a few weeks ago. As it was, no-one was in over their knees. But the water was very cold by FL standards, so that made up for it, I think.

Thanks to all the helpers: My wife Janet, together with Bev Ousley on registration, Bev & Dave O. for setting controls and to Joe Maliszewski, Andrea Holman and Jim & James Feudner for retrieving, Jonathan Linforth, Russ Stienke and Jim Feudner on Start/Finish Table. I'm probably forgetting someone because that's a short list for handling 291 people. Give them a hand next time you come out - applause as well as assistance. ▣

Score'O & Scrabble'O Results are on page 5

## 1800's Rotisserie Chicken



### RESULTS: Deleon Springs (DS)

RESULTS CODE	
NTR:	Time Not Recorded
DNF:	Did Not Finish
OT:	Over time limit or after 3pm
DS- WHITE	
NAME	TIME
Reynolds (2)	31:40
Lake Howell #1 (2)	103:15
Alan Peltz (M)	144:25
Lake Howell #2 (2)	145:25
DS- YELLOW	
NAME	TIME
F Brown (M)	14:47
Grant/Samantha (2)	20:00
Boy Scout Troop 34 #3 (2)	22:25
Pradella (2)	23:05
Vincent (3)	28:10
WPHS #4 (5)	28:30
WPHS #3 (5)	31:13
Paroline (3)	32:00
Boy Scout Troop 34 #2 (4)	33:10
Turner (M)	36:10
E Brown (F)	36:43
Lake Howell #3 (2)	39:30
Borah (7)	41:58
Boy Scout Troop 34 #1 (4)	42:37
Heider (5)	42:40
Eric Thorsen (7)	46:20
WPHS #1 (6)	46:40
Icardi (7)	51:05
Eaglin (5)	52:50
Mark Ricthhort (4)	54:33
Brooksmith (6)	59:00
Gloetzner (10)	66:42
Scott Wills (2)	70:00
WPHS #2 (6)	76:50
King (3)	95:11
James Feudner (M)	102:00
Eckes Boys (6)	NTR
Eckes Old Timers (16)	NTR
Worischek (2)	DNF



**RESULTS: Deleon Springs (DS),**

**Those who spent more than 3 hours on course  
OR were after 3:00pm were disqualified.**

RESULTS CODE	
OT: Over time or after 3pm	(#) number in group
F: single female	M: single male
DS – SCORE'O	
Score = Total Number of Points ÷ Minutes elapsed.	
NAME	Points / Time / Score
Dave Ousley (M)	100 / 85:25 / 1.171
Gottschalk (2)	100 / 119:00 / 0.840
Hollingsworth aka Dirty Fish (2)	100 / 124:26 / 0.804
Andrea Holman (F)	100 / 128:51 / 0.776
Boone HS JROTC #1 (5)	100 / 129:10 / 0.774
Bohn (2)	100 / 144:41 / 0.691
Devore (2)	100 / 147:25 / 0.678
Steven Odermatt (2).	100 / 153:04 / 0.653
Austin Quinn (M)	100 / 153:04 / 0.653
Ryan Stoner (M)	100 / 157:03 / 0.637
Richmond (M)	100 / 157:20 / 0.636
Brian Benoit (M)	100 / 159:50 / 0.626
Jataya Taylor (F)	100 / 161:56 / 0.618
Bill Back (2)	100 / 162:03 / 0.617
Royer (2)	100 / 165:35 / 0.6039
Alicia Padrick (F)	100 / 165:40 / 0.6036
Animals (2)	100 / 173:49 / 0.575
Kremer (3)	100 / 175:09 / 0.571
Walenty Prytulo (M)	100 / 176:55 / 0.565
Bill Barolet (M)	100 / 174:05 / 0.574
Sampoux (3)	100 / 174:19 / 0.574
Ian Mason (M)	100 / 217:37 / OT
Counts (8)	100 / 222:14 / OT
Kevin Schmidt (M)	99 / 177:25 / 0.558
Sheppard (2)	98 / 118:39 / 0.826
Joe Maliszewski (M)	97 / 153:05 / 0.634
Julie Minton (F)	95 / 141:10 / 0.673
David Mahnken (M)	93 / 139:00 / 0.669
Boone HS JROTC #3 (5)	93 / 177:22 / 0.524
Boone HS JROTC #7 (5)	93 / 206:50 / OT
Marc Minton (M)	92 / 161:20 / 0.570
Grant (2)	91 / 102:08 / 0.891
Helder (2)	90 / 172:02 / 0.523
Scott Sloan (M)	89 / 163:03 / 0.546
Kevin Jimenez (M)	89 / 168:57 / 0.527
JJ Richards (4)	88 / 221:04 / OT
Boone HS JROTC #8 (5)	86 / 203:36 / OT
Jim Feudner (M)	83 / 104:00 / 0.798
Boone HS JROTC	83 / 320.49 / OT
Adam Hugoboom (M)	82 / 181:52 / OT
Joshua Nestlebush (M)	81 / 158:24 / 0.511
Boone HS JROTC #5 (5)	81 / 174:00 / 0.466
Effard Henson	71 / 137:12 / 0.517
Boy Scout Troop 699 #2	70 / 173:25 / 0.404
Boone HS JROTC #6 (5)	70 / 182:23 / OT
Boone HS JROTC #2 (5)	62 / 177:01 / 0.350
Troy Hamilton (2)	57 / 133:51 / 0.426

**A tisket, a tasket, a hand-woven basket**



DS – SCORE'O continued	
NAME	Points / Time / Score
Chris Johnson (4)	48 / 135:00 / 0.356
Boone HS JROTC #9 (3)	46 / 187:52 / OT
Clayburn (2)	44 / 139:36 / 0.315
Vincent (3)	43 / 113:42 / 0.378
Andy Horn (M)	40 / 103:30 / 0.386
Sheriff (3)	38 / 81:44 / 0.465
Boy Scout Troop 699 #1	37 / 149:50 / 0.247
Boy Scout Troop 699 #3	37 / 149:50 / 0.247
Matthews (2)	30 / 173:27 / 0.173
Harrelson (5)	23 / 124:20 / 0.185
Andy Hanslovar (M)	15 / 164:30 / 0.091
Boy Scout Troop 34 #6 (3)	11 / 40:55 / 0.269
Boy Scout Troop 34 #5 (3)	11 / 43:00 / 0.256
Boy Scout Troop 34 #4 (2)	1 / 34:50 / 0.029
DS - SCRABBLE'O	
Score = Base score + Bonus score - penalty points	
NAME	SCORE / TIME
Donna Fluegel (F)	97 + 49 - 0 = 146 / 164:00
Chris Kavanagh (2)	71 + 51 - 5 = 117 / 192:22
David Aaronson (2)	56 + 45 - 0 = 101 / 185:24
Steve Fluegel (M)	70 + 0 - 0 = 70 / 172:37
M&M Dempsey (2)	82 + 30 - 45 = 67 / 180:22
Stephen Hanily (4)	17 + 4 - 0 = 21 / 173:15
Quintero (5)	No Score or time Recorded



**A money management lesson**

## CALL TO FLO MEMBERS:

All upcoming events need volunteers. No one wants to cancel any of the great events planned, but that may be the end result, unless more people join in and help. It's easy & fun, call today!

### 2002 Florida and JROTC Championships - Wekiwa Springs State Park – December 14, by Bob Putnam

Course Designer: Bob Putnam  
Event Coordinator: Russ Steinke

What kind of a day was it? A day like all days, filled with those events that make orienteering such a remarkable sport. Too portentous?

It was, honestly, a remarkable day in many respects. Weather conditions were supposedly ideal: 60°F, cloudy, with a light breeze. If you're a Floridian you know that's COLD and GRAY. And where was that sun those weather persons were talking about all week? And 3" to 4" of rain! Enough to flood Lake Prevvatt up to my thighs as I ran the trail the White, Yellow, and JROTC Orange courses were to follow along the lake edge.

Remarkably: (1) all the hikers on those courses found a way around the deep water, and (2) It makes my day, running through deep water like that, and apparently several other folks as well.

Times were longer for the courses than usual with, at one extreme, the winning time on green being 108 minutes by Team Dirty Fish. That's almost unheard of, unless the course setter has done something weird.

I had warned everyone to expect seriously difficult courses, but it seems I overdid it here and there just a little. **I'm nearly sorry.** Thankfully only the Yellow course DQ'ed a lot; almost 1/3 of entries. Most people finished, it just appears as though most struggled more than usual.

For instance, Ron Eaglin remarkably blew 23 minutes, and his shot at a medal, on a single control Red #2 (a location I think he's visited before) As Ron is probably FLO's fastest runner, it proves that speed isn't everything in O'.

Chris Johnson edged out Nigel Gallier for the Red - Bronze by only 1:35, so I believe Nigel will be mulling over some little errors here and there. Same is true on Orange, where Dave Frazier took the Silver by 20 seconds over Dave Mahnken. On Green, Paul Hession would have medaled, except for a mispunch on control number 6, where he mistook an adjacent control (GA) as the one (AR) he was looking for. It hurts me to DQ him like that, so I'm trying to think of a consolation prize. The 45 meter separation of the two controls was in accord with IOF/USOF rules, by the way.

FLO successfully endured the intense scrutiny of a zealous ranger who made us rearrange vehicles, and another ranger forgetting to open the bathrooms for us. We abided by all of our permit rules for parking and clean up. We only left 9 controls in the woods (to be retrieved later). **We left no participants in the woods - in fact all were back by 3:00 PM. For the first time ever, I think.** And we had flush toilets and a cozy indoor auditorium for comfort.

We hosted 238 individuals, and started 248 total, since several went out twice. When we couple that with the 100+ on the JROTC courses, we will be averaging almost 250 people per event for the year 2002. **Huge congratulations** to all: for your support, your attendance, and for your help in making it all happen.

Thank You to all the helpers, whether I remember your names here or not. It was enormously gratifying for Janet & me to show up at the park gate at 8 sharp and find Nigel & Jane Gallier, Joe Maliszewski, and Arild Orsleie, waiting for us. And then to have Bev & Dave Ousley, and Russ Steinke, drive up within 10 minutes.

Then of course, they all pitched in to help everywhere, while I was enjoying my early morning by running the red course - placing controls.

Jonathan Linforth dragged himself out of sickbed to ferry the pre-marked maps, (he had printed off earlier in the week), to the event and naturally he was here at 8:10 also. Thanks to Jon!

A few helpers like Ray Bruneau showed up and we had nothing for them to do. Glen Holman thought he would simply wait (not feeling 100%) while wife Andy ran Brown, but we put him to work on Start/Finish for about 2 hours. (Andy says it'll teach him to never again show up and not run).

Dave Botonis from Sebastian River HS put together a team of JROTC helpers, relieving FLO of all that, and they did an outstanding job.

Russ Steinke graciously volunteered at the last minute to serve as EC (meaning he stays to the bitter end of the day). He told me later he spent the last hour improving upon the HS cadets' attempts to clean the auditorium well enough for inspection and check out. Thank you Russ, because I know, too well, what that's like.

Hope you had fun. Hope you learned a lot. Hope you enjoyed finding some of those practically glow-in-the-dark, brand-new controls. Hope you like the pre-marked maps. Hope you didn't even notice that the maps were printed on a home ink-jet.

Hope to see you in the woods again real soon. **Thanks to ALL!** ■

FL Championship Results on page 7  
JROTC Championship Results on page 8

**RESULTS – 2002 Florida Championships - Wekiwa Springs State Park – December 14**

RESULTS CODE	
NTR:	Time Not Recorded
DNF:	Did Not Finish
DQ:	Disqualified
MP	Mispunched
<b>G</b>	Gold Medal
<b>S</b>	Silver Medal
<b>B</b>	Bronze Medal
FL CHAMP – WHITE	
NAME	TIME
Grant Wheeler (2)	35:03
Sarasota JROTC (10)	48:00
M & C Reynolds	55:10
Jay Turner	<b>G</b> 61:22
Troop 99 (4)	61:59
Winter Park JROTC (6)	93:18
Winter Park JROTC (6)	102:52
Pradella (2)	DNF
Susan Hewlings (3)	NTR
FL CHAMP – YELLOW	
NAME	TIME
Frank Brown	<b>G</b> 48:05
Troy Hamilton (3)	61:30
Jane Gallier	<b>G</b> 65:40
Pradella 2nd (2)	73:23
Dennis Godber (4)	74:16
Chuck Worischek	<b>S</b> 83:02
Troop 38 (3)	84:34
Kristin Caruso (2)	85:20
Oviedo JROTC #1 (2)	92:15
Frances Hyde	<b>S</b> 94:00
Sarasota JROTC #4 (5)	95:50
Ron Wells (2)	105:05
Troop 524 B (5)	114:28
Troop 524 C (5)	126:00
Darlene Circle (1)	<b>B</b> 130:00
Cypress Creek JROTC#1 (4)	DNF
Cypress Creek JROTC#2 (4)	DNF
Cypress Creek JROTC #3 (3)	DNF

FL CHAMP – YELLOW cont	
NAME	TIME
Sarasota JROTC #3 (4)	DNF
Oviedo JROTC #3 (3)	DNF
Winter Park JROTC#3 (6)	DNF
Troop 99 #2 (3)	DNF
Shirley Eckes (8)	DNF
FL CHAMP – ORANGE	
NAME	TIME
2nd Andrea Holman (1)	41:50
Walenty Prytulo(1)	<b>G</b> 43:44
Boone JROTC#4 (5)	58:00
The Rosenbergs (2)	60:34
Boone JROTC#3 (5)	61:00
Boone JROTC#7 (4)	63:29
Dave Frazier (1)	<b>S</b> 66:05
David Mahnken(1)	<b>B</b> 66:25
Boone #5 (4)	67:15
Sampoux (1)	70:09
Chris Johnson (2)	70:27
Boone JROTC#6 (3)	74:27
The McGraths (2)	76:38
Oviedo JROTC#2 (3)	78:50
Boone JROTC#8 (5)	81:10
JJ Richards (3)	82:34
Rodney Counts (2+dog)	87:14
Pardy & Luther (2)	88:19
Boone JROTC#1 (5)	89:00
Scott Nelson (1)	92:50
Alicia Johnson (2)	102:34
Durjan & Snow (2)	102:42
The Kreiners (3)	103:10
Heather Frazier (1)	<b>G</b> 104:27
Troop 524 A (3)	109:10
Susan Smith (6)	118:03
Troop 524 D (3)	129:43
Troop 560 (6)	DQ
Sarasota JROTC #2 (3)	DNF
Carol Franke (1)	NTR


FL CHAMP – BROWN	
NAME	TIME
Andrea Holman (1)	<b>G</b> 60:10
John Crowley (1)	<b>G</b> 75:47
Ray Bruneau (1)	<b>S</b> 97:31
Julie Minton(1)	<b>S</b> 100:20
Jim Feudner (2)	105:51
Bret Barker (2)	126:07
A.C. Jax (5)	149:00
Steve & Julie Royer (2)	DQ
Mark Ritchhart (1)	DNF
FL CHAMP – GREEN	
NAME	TIME
Dirty Fish (2)	108:00
Mike Dempsey (1)	<b>G</b> 111:00
Dennis Clayburn (2)	115:45
Derek Bohn (1)	<b>S</b> 131:03
John Ide (1)	<b>B</b> 143:45
Paul Hession (1)	MP
David Crane (1)	NTR
FL CHAMP – RED	
NAME	TIME
Arild Orsleie (1)	<b>G</b> 71:45
Dave Ousley (1)	<b>S</b> 81:14
Chris Johnson (1)	<b>B</b> 84:25
Nigel Gallier (1)	86:00
Barry Hyde (1)	91:00
Ron Eaglin (1)	93:45
Joe Maliszewski (1)	100:09
Bev Ousley (1)	<b>G</b> 115:50
Dwayne Jenkins (2)	138:50
Ken Miller (1)	140:49
Jim Hartnett (1)	150:00
Shuman (1)	150:00
Brian Clapp (2)	171:55
Jeff Guy (2)	173:55
Inga Martinez (3)	178:20
Jackie Hugar (2)	DNF
Chizlett (3)	DNF

**GREAT NEW VIDEO FOR YOUTH GROUPS**

USOF has released a new promotional video on Orienteering. Reviewers say it is even better than the previous *Orienteering - All Welcome*. The new video, "O.MOV", was filmed over the course of three USOF Class "A" events in the northeast during Fall 2002.

Professional filmmakers and O-educators Chris Cassone and Art Bonanno are the creators/producers. (The same crew who produced *Orienteering - All Welcome*.)

O.MOV is an 8 1/2 minutes, fast paced video capturing the emotion of the game, and featuring the Youth of Orienteering along with a few veterans. This is the perfect introduction to O' for evening programs, or anywhere a group of novices are being introduced to O'.

It will take some of the mystery out of what this new activity involves, and will pump them up to really look forward to venturing out into the woods. 

**FLO members: O.MOV is available from the FLO Lending Library.**

## RESULTS – 2002 Florida Championships - Wekiwa Springs State Park – December 14

OVER ALL SCHOOL STANDING - TOTAL POINTS		ROTC INDIVIDUAL CHAMPIONS			
1 <sup>ST</sup>	Titusville - 220 points - 2002 FL Champions	NAME	SCHOOL	COURSE	TIME
2 <sup>ND</sup>	Crystal River - 110 points	Gruss, Coda	Central	YELLOW	0:45:00
3 <sup>RD</sup>	Central - 90 points	Nestlebusch, Joshua	Titusville	ORANGE	1:02:00
4 <sup>TH</sup>	Lincoln - 30 points	Padrick, Alicia	Titusville	BROWN	1:07:00

RESULTS CODE	
B	Bayside High School
C	Central High School
CC	Cypress Creek High School
CR	Crystal River High School
D	Dunedin High School
G	Gulf High School
LH	Lake Howell High School
L	Lincoln High School
N	Neese High School
S	Sarasota High School
T	Titusville High School
WP	Winter Park High School
DQ	Disqualified

ROTC CHAMP – YELLOW	
NAME	TIME
Gruss, Coda - C	0:45:00
DuBois, Josh – C	0:46:00
Delleford, Kyle – L	0:57:00
English, Stephen – L	1:03:00
Sachse, Matt – N	1:06:00
Thompson, D.J – N	1:08:00
Morton, Matt - S	1:23:00
Neff, Cody – L	1:36:21
Berriado, Louis – WP	1:44:07
Silva, Idy – WP	1:45:40
Eng, Liesl – C	1:49:00
Perrett, Stephanie -G	1:49:00
Martin, Heather – G	1:52:00
Rogers, George – G	1:56:00
Wilson, Josh – CR	1:56:20
Dorsey, David – G	1:57:00
Giampavolo, Maggie -G	2:00:00
Milliken Zachary – T	2:04:28
Leworthy, Brent – S	2:08:00
Odermatt, Steven – T	2:13:00
Rodloff, Shelby – CR	2:20:03
Mohamed, Imran - C	2:23:00
Lopez, Sergio – CC	2:27:00
Morelli, Jack – CC	2:29:00
Reeser, Kelsey - D	2:37:00
Hribal, Michael - B	2:44:36
Bass, Jesse – S	DQ
Birchfield, Brian - CR	DQ
Blanchard, Charles - CR	DQ
Emory, Brian - WP	DQ
Etchison, Shelane - C	DQ
Gruhler, Will - C	DQ
Hayth, Zach - D	DQ
McGinnis, Danielle - LH	DQ
Pena, Matt - L	DQ
Pratte, Chad - LH	DQ

ROTC CHAMP – YELLOW cont	
NAME	TIME
Quinn, Austin - T	DQ
Reams, Lauren - L	DQ
Rodrigues, Jesse - B	DQ
Seiferheld, Kelly -CR	DQ
Wavra, Danielle - CC	DQ
Jamenez, Kevin - T	DQ

ROTC CHAMP – ORANGE	
NAME	TIME
<b>Nestlebusch, Joshua - T</b>	<b>1:02:00</b>
Hugoboom, Adam – T	1:03:00
Horn, Andy – T	1:10:00
Berriado, Veronic – WP	1:15:00
Hill, Barbara – S	1:16:00
Lyon, LJ – S	1:17:00
Stewart, Will - L	1:18:00
Carroll, Christopher - CR	1:20:19
Birchfield, David - CR	1:21:20
Dill, David – CR	1:25:36
Hudson, Dan – G	1:32:00
Thielman, Kate – CR	1:32:35
Spohn, Trevor – N	1:33:00
Carmody, Arnold - B	1:33:00
Huhges, Billy - B	1:35:00
Cunningham, Jason - G	1:40:00
Bloom, Chase - N	1:41:00
Miranda - CC	1:49:26
Medina, Norian - CC	1:52:36
Semro, Loren - CC	1:54:18
Irey, Jimmy - WP	1:59:20
Saldana, Abe - CC	2:03:27
Dunham, Kelly - C	2:11:00
McMenemy, Erin - C	2:11:00
Smith, David - C	2:16:00
Schmidt, Kevin - T	2:24:00
Rizo, Josette - CC	DQ
Barber, James - D	DQ
Hewitt, Clancy - L	DQ
Hoynuski, Luke - LH	DQ
Mason, Ian - T	DQ
Molina, Aaron - D	DQ
North, Matt - LH	DQ
Owen, Gary - C	DQ
Petro, Christina - C	DQ
Pisculli, Mike - CR	DQ
Roby, David - S	DQ
Rouse, Gary - L	DQ
Swanson, Derin - N	DQ
Welsh, Shawn - G	DQ

ROTC CHAMP – BROWN	
NAME	TIME
<b>Padrick, Alicia - T</b>	<b>1:07:00</b>
Willes, Andrew - CR	1:07:40
Harris, Becky - CR	1:10:00
Sherman, Mike - CR	1:11:00
Payne, Scott - B	1:16:00
Swanson, Tom - N	1:19:00
Callesen, Brett - N	1:25:00
Oren, Schlierer - D	1:46:00
Dreyer, Cody - D	1:48:00
Mulch, Matt - C	1:53:00
Young, Shane - C	1:54:00
Willes, Steven - CR	2:11:00
Davis, Matt - N	2:29:00
Carlberg, Phillip - WP	2:34:00
Pillote, Mike - WP	2:35:00
Denham, Michael - T	DQ
Fitzgerald, Kyle - C	DQ
Ford, Brian – CR	DQ
Gossett, Zac - S	DQ
Haldane, Emmett - CC	DQ
Hanless, Adam - B	DQ
Korchak, AJ - C	DQ
Lopez, Georgio CC	DQ
McLure, Joseph - T	DQ
Sloan, Brandon - T	DQ
Vasquez, Sophie – CC	DQ

### WEB-SITE REDESIGN

Check Out FLO's New Look At:

<http://clubs.cecs.ucf.edu/flo/>



### MEMBERSHIP APPLICATIONS

are available at FLO events, on-line at the FLO web-site,

or

by contacting Mike Dempsey:

107 Red Cedar Dr, Sanford, FL 32773.

(407) 321-6810

flo\_membership@bellsouth.net



## FLOing WILD: Spiders - 2 Florida Natives to Love,

by Marilu Dempsey

**If you want to live and thrive,  
let the spider run alive.**

### Spiny Backed Orb Weaver (Gaster Acantha)

The most colorful and easily recognized Florida spider, having what looks like a white and black spotted shell on its back, and 6 pointy red spines.

The web contains tufts of silk, probably to prevent birds from flying into it.

Females are 5mm to 10mm long, 10mm to 14mm wide. They hang in the center of the web.



The bite of the Spiny Backed Orb Weaver is not known to cause serious reactions in humans.

### Golden Silk Orb Weaver (Nephila)

The female is distinctively colored, with conspicuous hair tufts on her legs.

Females are the largest web dwelling spiders at 25mm to 40mm long.

Males are dark brown, and are tiny, only 4mm to 6mm long. Look for him in the web with the female.

The silk of Nephila is the strongest natural fiber known. The web is huge; it is the one you run into, as it stretches across paths and clearings.

The bite produces localized pain and slight redness, which quickly go away. It is considered less severe than a bee sting.



OK spiders are ugly and scary, eight eyes (most species), eight legs, furry bodies, and sharp fangs. But spiders should be looked on with gratitude, not fear: they are definitely mankind's friends.

Spiders are formidable predators, they eat insects, other spiders, and sometimes other small vertebrates. Without spiders our world would be over-run by insects. Insect mortality, mostly due to spiders, is estimated at **almost 99%**.

Spiders are an important food source for birds and other small mammals, particularly during winter and spring.

What sets spiders apart from other animals is their ability to spin silk. Spider silk is necessary to some species of birds for nest building. Hummingbirds steal spider webs, and use them to bind their nests.

There are only 4 spider species found in the United States with bites that are known to cause serious reactions in humans. A bite does not mean certain death, but the reaction can be severe.

**Widows:** only female will bite & only if molested, more aggressive when guarding egg sac. Black Widow, Brown Widow, Red Widow (found in FL palmettos), & Northern Widow.

**Brown Recluse (violin spider):** drab coloring, 6 eyes (3 pairs), and very thin legs.

**Hobo (funnel-web spider):** introduced to the Pacific NW from Europe. Brown with chevron shape on abdomen.

**Sac Spider:** whitish color, lives in flat, tubular nests, open at both ends, under bark, or in rolled leaves.

**NOTE: any bite can become infected, even one from a "harmless" spider.**

### Orb-Weavers

The wheel-like, web of an orb-weaver is easily recognized. Stretching across clearings and paths, they maximize the area for capturing prey, and minimize the amount of silk used. These amazing masterpieces are usually completed in less than an hour, and may be rebuilt every day.

Even though orb-weavers have poor vision, they are very successful hunters. Sitting in the center of their great webs, they patiently wait for dinner to come calling. ▣

**Web sites for more information on these fascinating creatures:**

**University of Florida:** [http://edis.ifas.ufl.edu/TOPIC\\_Spiders](http://edis.ifas.ufl.edu/TOPIC_Spiders)

**Arachnology:** <http://www.arachnology.org/>

**Some great pictures:** <http://math.uc.edu/~chalklr/index.htm> (bottom)

## Krisp Kool Kelly Park – February 1<sup>st</sup>,

by Mike Dempsey

It was a crisp and cool, sunny, typical Florida Winter's day. Perfect for Orienteering. We seemed to have the park almost to ourselves... shared only with the wildlife.

Arild designed great courses that required skill to find the controls, which were rarely visible until you were on top of them. I'm not sure of the total number of people we had out there, but we started 101 teams. That probably translates into at least 250 people out in the woods.

While Marilu and I were heading for control 5 (Orange) we were rather surprised to see a family of 4 deer run out from the bushes on our left, straight across our path,

and toward the next control. While chatting to a group of first-timers, enjoying a picnic at control 6, we found that we were not the only ones to have seen them.

Thanks to all those who helped out at the event, and managed to keep things running smoothly. I'm afraid I didn't make a note of who was there, but I do remember Andrea Holman and Tami Jicha at Registration, and Jonathon Linforth and Donna Fluegal at the Start/Finish desks. My apologies and thanks to all the others who helped out.

Additional thanks go to Donna Fluegal who donated a number of Orienteering magazines for distribution at the event. ▣

### RESULTS: Kelly Park (KP)

RESULTS CODE	
DQ	Disqualified
DNF	Did not Finish
KP – WHITE	
Name	Time
Oviedo HS JROTC	17:45
Michael & C Reynolds	36:30
KP – YELLOW	
Name	Time
F. Brown	21:20
Joey Anderson	25:00
Brandon Labit	27:30
David Somers	30:55
Jeff Hunter	33:00
Tami Jicha	35:10
Lake Howell ROTC 2	41:00
Eric Thorsen	41:55
Ford	44:00
Madlene Pagan	45:05
Lake Howell ROTC 1	46:00
Quentin Prior	46:30
Susan Lucia	48:05
Meyers Family	48:05
Ruth King	50:15
E. Brown	50:40
Mike Icardi	67:00
Shirley Eckes	72:40
Patrick Barman	91:30
Peg McGee	DNF
KP – ORANGE	
Name	Time
Bryan Schultz	30:00
Walenty Prytulo	43:28
Ronald Sampoux	49:55
John & Karen 1	50:20
Char & Al Little	57:18
Mike & Marilu Dempsey	59:46
Braddock & Vaughn	60:13
Akers	60:40
Kimberly Durjan (F)	62:25
UCF ROTC 1	62:32

KP – ORANGE cont	
Name	Time
Oviedo HS JROTC 1	62:40
Pardy/Luther (2)	64:35
Jay Turner	65:00
Rodney Counts II	66:00
Adrienne Johnson	67:00
Troop 225	67:30
Doreen Cook	71:10
Mandy Parks	72:52
Jeff Hunter	73:10
Caleb Davis	73:50
Matthew Cosler	74:50
UCF ROTC 3	76:15
UCF ROTC 4	80:30
UCF ROTC 2	83:20
J. Rodriguez & J. Pomales	83:40
C. Flynn & L. Metallo	83:50
C. Royer & H. Gillette	84:00
Jon Kellogg (4)	84:05
Troop 225	88:10
K. Caruso (2)	88:20
Mark Rienzo	89:00
Joiner	92:15
Greg Schuchard (9)	92:46
D. Lunt & G. Hawkins	93:40
Naisbett (6)	95:40
UCF ROTC 5	96:09
Dawn Pugh	96:30
Carol Franke	98:15
Faith Ufferman	103:05
Jataya Taylor	105:50
Kevin Jimenez	107:05
Esther & Anderson Day	117:30
Delinda Karnehm	132:50
Amanda Davis (2)	138:10
Daniel McCarthy	139:55
M. Frayer (2)	144:07
Chris Conrey (3)	153:33
Robert Moore	DNF
West Orange 1 (4)	DNF
Lake Howell ROTC 3 (2)	DQ

KP – BROWN	
Name	Time
Ludwig / Wordell (2)	118:33
Outdoors & Active, Inc.	135:40
Elsie & Dave Matthews (2)	166:32
KP – GREEN	
Name	Time
Derek Bohn (M)	65:08
Stephen & Julie Royer	69:55
David Aaronson (3)	83:05
Louis Knight (M)	94:30
Mark & Abby Rosenberg	104:40
West Orange 3	118:10
Russ Steinke	137:34
Kavanage/Chanson/Quinn	157:20
West Orange 2 (5)	DQ
KP – RED	
Name	Time
Chris Johson	76:20
Team Dirty Fish (2)	81:40
Dave Cutler (M)	87:07
CF Adventure Racers	89:25
Dr. Al Shulgin (M)	91:15
Bev Ousley (F)	93:30
Ray Bruneau (M)	100:40
Dwayne Jenkins	110:55
Mike Schmid	111:55
Joe Maliszewski (M)	113:30
Andrea Holman (F)	126:08
David Shuman	128:52
Gottschalk (2)	139:34
Steve Fluegel (M)	140:16
Bill Barolet (M)	186:05
Brian & Susan Clapp (2)	DNF
Donna Fluegel (F)	DNF

## FLOers at GA Class A Event: The Navigator Cup - Jan 2003, by Bob Putnam

I just limped back into the state, on my rickety old knees, from a weekend in Atlanta where I enjoyed (?) 2 days of first rate orienteering, and the hospitality of GAOC at the 2003 Navigator Cup. Four other FLO'ers, and 15 members of Titusville HS JROTC, competed in the 2003 Interscholastic Championships. An exciting event with 600 people.

The Interschol's was what Michael Denham meant in his note to the mail-group when he said he "went to nationals". **Mike placed 2<sup>nd</sup> in the Green Course for his age group.** It was a most memorable adventure. Cold, fun, and cold, challenging, and cold, well run, and cold. Day 1 start line temp 25°F. Day 2 start line temp 30°F.


Titusville HS JROTC Junior Varsity Team #2 of Brian Benoit, Andrew Horn, Kevin Schmidt, and Adam Hugoboom, placed 14th out of 27 Teams from around the country. And I mean "around the country"; there were strong teams from TX, PA, and CO there along with the perennial powerhouses from GA and SC.

Also from Titusville, Alicia Padrich and Jataya Taylor took 2nd and 3rd place respectively in the Navigator Cup competition on the Brown Course - Female 18 year old category. **Congratulations to All!**

All the other THS teams and Navigator Cup entries, suffered from the rule requiring at least 3 members of a team to finish their courses on both days, for the two-day total time. Lots and lots of individuals for one reason or another, fail to complete both day's courses. They are long, steep and difficult. Nearly half the field DQ's on any given day, it seems.

Joe Maliszewski, Derek Bohn, and I, completed courses both days, but Kimberly Durjan and John Ide fell victim to the diabolical course-setter. Those GA contours can be tough to read. That was probably a record turnout for FLO to be represented at a national event. Thanks go to all those THS parents who devoted their weekend to driving the crew up there in what looked like four vehicles.

Throughout the GAOC event I was seeing old friends from 25 years in O and it seemed they never failed to ask when FLO was having another Class "A" event. And I always answered by saying whenever someone volunteers to do it! 'Cause I don't want to.

Besides, secretly I know that every now and then we do have about the same thing here when we introduce a new map. We just don't invite the world when it happens though I'm thinking of publicizing it widely across the southeast. 

FLO CALENDAR OF EVENTS			
Mar 1, 2003	<b>Woodpecker West, Ocala National Forest</b> <b>New Map – New Area</b> – Class A-level challenging courses, and high-end competition. Please contact Jonathan to volunteer: phone (352) 324-2378, e-mail <a href="mailto:jslinforth@comcast.net">jslinforth@comcast.net</a>	<b>EC/CS: Jonathan Linforth</b>	WYOBGR courses
Apr 5, 2003 Apr 6, 2003	<b>The Little Big Econ State Forest, Oviedo</b> <b>Two Days:</b> Saturday for JROTC, Youth, & Scout Groups; Sunday for the rest of us. Participation will be FIRST COME / FIRST SERVED, with overflow venue (WYO courses) at GWA.	<b>EC/CS: Volunteers Needed</b>	WYOBGR courses
May 3, 2003	<b>Rock Springs Run State Reserve, Sanford</b> Don't miss a beautiful May day in the woods; expect Florida's Flora and Fauna to be at their best.	<b>EC/CS: Volunteers Needed</b>	WYOBGR courses
June 7, 2003	Ocala National Forest, Paisley	EC/CS: Volunteers Needed	WYOBGR courses
Jul 12, 2003	Little Big Econ State Forest, Oviedo – FLO SUMMER MEETING – great chance to get involved in FLO		
Aug 2, 2003	Wickham Park, Melbourne	EC/CS: Volunteers Needed	WYOBGR courses
Sept 1, 2003	Ocala National Forest, Paisley - LABOR DAY	EC/CS: Volunteers Needed	WYOBGR courses
Sept 5,6,7 2003	JROTC Training Day: in the planning stage - look for more information in the next newsletter.		
Oct 4, 2003	Moss Park/Split Oak Forest, Orlando	EC/CS: Volunteers Needed	WYOBGR courses
Nov 1, 2003	Little Big Econ State Forest, Oviedo	EC/CS: Volunteers Needed	WYOBGR courses
Dec 6, 2003	Wekiva Springs State Park, Apopka	EC/CS: Volunteers Needed	WYOBGR courses

*The Florida Orienteer* is published 4 times a year: February, May, August & November.

Deadline for submission of material is the 5<sup>th</sup>, with publication scheduled for the 25<sup>th</sup>.

Send material to Marilu Dempsey: [marilu\\_dempsey@bellsouth.net](mailto:marilu_dempsey@bellsouth.net) or 107 Red Cedar Drive, Sanford, FL 32773.

The editors reserve the right to edit any submitted materials and publication is on a space available basis.

# UPCOMING EVENTS

**Sat - Mar 1**

**Woodpecker West, Ocala National Forest, Paisley - NEW MAP - NEW AREA**

**Courses: WYOBGR**

**EC/CS: Jonathan Linforth**

**Take I-4 exit 103 (SR46).** Go west on SR 46 for 7 miles. Right (N) on 46A, 5 miles to SR 44. Left (W) on 44, 4 miles to CR 439. Right (N) on CR 439, 8 miles to CR 42. Left (W) on 42, 3 miles to SR 19. Right (N) on 19, 5 miles to CR 445. Right on 445 for 2 to 4 miles. Look for Orange O'signs - OR -

**Take US 441 North** past Mt. Dora to SR 19. Right (N) on 19 for 15 miles. Right on 445 for 2 to 4 miles. Look for Orange O'signs.

**ENTRY FEE: None.**

**Apr 5 & 6**

**The Little Big Econ, Oviedo**

**Courses: WYOBGR**

**EC/CS: VOLUNTEERS NEEDED**

**SATURDAY for JROTC, Youth, & Scout Groups, SUNDAY for the rest of us.**

Located 3 miles northeast of Oviedo, on Geneva Road, SR 426.

**ENTRY FEE: \$2.00/CAR** - honor system - place money in an envelope at park entrance.

**Sat - May 3**

**Rock Springs Run State Reserve, Sanford**

**Courses: WYOBGR**

**EC/CS: VOLUNTEERS NEEDED**

Take I-4 exit SR 46 (W). After crossing Wekiwa River, look for entrance to preserve on south side of SR 46. Look for a large fence along the south side of road.

**ENTRY FEE: \$2.00/CAR** - honor system - place money in an envelope at park entrance.

**All dates are tentative. Please check hotline (407) 672-7070 or Web Site <<http://clubs.cecs.ucf.edu/flo/>>**

All starts are from 10 AM until 1 PM, unless otherwise noted – RAIN OR SHINE

Pre-registration and membership not required, unless otherwise noted – events are open to ALL

HAS YOUR MEMBERSHIP EXPIRED? Check the expiration date on your mailing label!  
IF YOU ARE NOT A MEMBER - JOIN NOW - DON'T MISS AN ISSUE!



FIRST CLASS MAIL

THE FLORIDA ORIENTEER  
c/o Manlu Dempsey  
107 Red Cedar Drive  
Sanford, FL 32773