

THE FLORIDA ORIENTEER

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AUGUST 2007

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Event Results & write ups

are now available at:

www.FloridaOrienteering.org

BUBBA GOAT

at

KELLY PARK /

WEKIVA SPRINGS

SUNDAY, NOV. 11, 2007

Its tough & Its long!

UPCOMING EVENTS, by Bob Putnam

(DATES ARE TENTATIVE - CHECK THE WEB PAGE FOR UPDATES)

Sept 8 – Rock Springs Run State Reserve (RSRSR)

YOU MUST COME!

Because You Must Be Bored Silly By Now From Not Orienteering All Summer! Have we got an event planned for you! A full slate of courses: White-Yellow-Orange-Green-Red and Blue. You heard right: Blue.

Will Pirnasch has designed courses White through Green and Bob Putnam designed the Red course, just so Will could compete. But by the time Bob finished designing a fully fresh but cruelly diabolical red course, it was over 7 KM. That looked too long for most FLO Orienteers on a typical Florida September afternoon, absent a refreshing downpour at least.

Close inspection revealed that by deleting just one control it becomes a shade under 6km and that's a decent red course under these conditions. So rather than let a good design go to waste - we've retained that original course design and will simply call it the Blue course.

All else about RSRSR remains the same. A large field to park in all by ourselves, in the accustomed spot - see directions below. Some delightful woods for the beginning and intermediate courses to enjoy. A fully updated map field checked by Vendy and Alles Hejna in the Spring of 2006. And with a little luck the JROTC units will be on hand with their usual snack stand full of refreshments.

As usual **BRING WATER** - enough for everyone in your party to carry plenty on their course. As usual, there are no toilet facilities right at the site, but the new modern flush toilets 1/2 mile down the road at the Horse Barn are most welcome. Speaking of horses, we've promised the rangers we will warn everyone again to **yield right-of-way to all horses all the time. Please do not run past them, especially from behind.**

Don't forget the bug spray for socks and pants. And hope for a little afternoon sprinkle to cool things off.

continued on page 6

BECAUSE HUNGER HURTS

FLOs 5TH ANNUAL FOOD DRIVE for THE SECOND HARVEST FOOD BANK

SEPTEMBER 8TH AT ROCK SPRINGS RUN STATE RESERVE


FLO'S FIRST PERMANENT ORIENTEERING COURSE IS NEARLY HERE, by Bob Putnam

In cooperation with Orange County Parks and recreation Chief Kyle Kent and Park Manager Jim Paradise, FLO is in the final planning stage for the installation of the first permanent orienteering course in Florida.

As currently envisioned, an open air kiosk will be installed at the entrance to Moss Park, where participants can pick up a free self-guiding brochure. Two courses will be available, designed so that one serves as an introductory course and one serves as an intermediate level course.

They could both be done in a day and together would qualify as fulfillment of the Boy Scout First Class requirement for Orienteering. A certificate of completion will be made available although we are still deciding how to distribute it.

Orange County Parks has promised to fund the effort so there will be no expense to FLO. The current plan is to follow up the Moss Park courses with another at Tibet Butler Environmental Nature Center and another couple of courses at Kelly Park.

More on that later. 

MAPPING COMMITTEE REPORT, by Bob Putnam


FLO has not funded a professional mapping effort since February of 2006, so this upcoming February is time again for another round.

As we go to press with this report, we are contacting the same Czech mapper from 2006, Alles Hejna to visit us for 6 weeks in the Jan-Feb 2008 time window. He will complete the remapping tasks left unfinished from 2006 and will have no time to create any new maps. The one exception is that we will ask him to devote 2 days (hopefully no more) to the mapping of newly purchased land, about 120 acres, adjacent to Kelly Park.

This new map, coupled with the existing map of Kelly park itself, will serve as the basis for another permanent orienteering course installation, affording not just beginner and intermediate levels, but also, it is hoped, some genuine advanced level training opportunities as well.

Alles will begin by re-mapping Croom to the standard we expected the first time around. He and his wife Vendy and new baby daughter will all be hosted by Jim Septer and his wife in Inverness.

Following that, Alles will remap as much of the Ocala Forest maps as can be fit into his time available, after leaving the 2-days for Kelly. However, since Inverness to Ocala is such a long drive, we are soliciting volunteer host families to serve as Alles' base for the Ocala mapping and as hosts for Vendy and daughter as well.

Andy Canelos has offered to serve as backup emergency host, but her house is as far from Ocala as Inverness, so you can appreciate the need here. Give it some thought and contact Bob Putnam (Bob@FloridaOrienteering.org) if you think you can help. Thanks. 



“Air Potatoes”
University of Florida, IFAS,
Center for Aquatic and Invasive Plants

FLO Information	
FLO Hot Line: (407) 672-7070	
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Attack of the Killer Potatoes! by Marilu Dempsey

This is your FLO News Network (FNN) reporting from the front line. Unbelievably, as **Florida Disappears beneath a Giant Vine**, one lucky family has chopped its way to safety.

We bring you an exclusive interview with the Wislow family, the latest, and possibly last, group to make it out before the state is engulfed in a green, writhing, all encompassing, tangle of vines. We caught up with the Wislows at the Florida border, as they were gassing up their SUV before continuing their flight, desperately trying to out-drive the vine.

FNN: "Tell us, Mr. Wislow, how did it feel?"

"I was never so scared in my life!" said Homer Wislow, as he wiped beads of sweat from his forehead. "The dang weed had me around my ankles but I fought it off with Ma's hack saw."

"We thought we were goners", chimed in Ma, "We've been through hurricanes, tornados, famine, and even the drought of 98, but I never thought I'd live to see anything like this."

"Sorry, we can't stop now, the vines coming this way and it's hungry!" shouted Mr. Wislow as they sped away.


Family and friends are anxiously awaiting news from loved ones trapped by The Vine. Before the Wislows' miraculous escape, the last communication from inside was two days ago. At that time, seasonal afternoon thunderstorms resulted in an unprecedented spurt of growth from the monstrous weed.

By last official record The Vine was growing at the incredible rate of a foot per second. That recorded growth, as you know, was measured before Noxious Weed Investigators were recalled due to safety concerns.

"It's just too dangerous", stated Dr. Donald Weedee, Head of NSA, Division of Invasive Plant Control. "We have received first hand reports of The Vine devouring trees, power poles, houses, and even slow moving vehicles in its path," said Dr. Weedee. "Sadly, there are reports that Cinderella's castle went in the early hours of the growing frenzy. But don't worry folks, Micky, Cinderella, and all their friends have been airlifted to a safe location."

We are broadcasting this public service announcement by satellite in hopes of reaching survivors inside. "If you are trapped, keep hunkered down, stay clear of The Vine, and don't stand still near it", warns Dr. Weedee. "And never ever stand under one. you risk being consumed or of having a cannon ball size potato fall on your head."

The National Guard has been called, and is currently massed at the Florida border, preparing for entry. But there are those that fear it is too little, too late.

The Weed Whackers, a vigilantly group, is seeking volunteers with experience fighting noxious plants. "We are mounting an emergency search and rescue mission. This Vine has crossed over, and we can't just stand by and let this thing over-grow our families." stated Forest Braveheart, chief Weed Whacker, "We have to do something now!" 

"We have to do something now!"

Native to tropical Africa and Southern Asia, Air Potato is a member of the yam family. Other common names are air yam and bitter yam. Aerial tubers that look like misshaped potatoes are attached to the stems. The plant is cultivated in West Africa for the edible tubers. However the uncultivated form that is invading Florida is not edible, is very bitter, and may be poisonous.

A pretty plant with broad heart shaped leaves, Air Potato is believed to have been introduced into Florida as an ornamental. In 1905, the USDA sent a sample to Henry Nehrling to evaluate as a possible horticultural crop. However, Nehrling noted its invasive tendencies, and he recommended that it not be planted.

Unfortunately it was planted, and it escaped. Today it is invading our natural areas and destroying native habitat at an alarming rate. One vine can grow 60 to 70 feet in length, at the rate of 8 inches a day. Each and every vine can produce up to two hundred bulbils (potatoes), resulting in exponential growth. Air potato will overrun and strangle everything in its path.

As early as the 1970s the Air Potato Vine, *Dioscorea bulbifera*, was considered a pest plant. It was listed by the Florida Exotic Pest Plant Council as one of Florida's most invasive plant species in 1993 and it made the Florida Noxious Weed list in 1999. Noxious Weeds may not be introduced, possessed, moved, or relocated without a permit. Invasive plants alter the function of natural areas, killing native plants, and as a result the native animals dependent on these plants either leave or die.

"Don't plant it in your garden, don't let your loved ones plant it, don't let your friends plant it!", Dr. Barry Rice, invasive plant specialist, The Nature Conservancy.

Invasive plants are still being sold. Plants that could harm Florida's natural areas, such as: Surinam cherry, Heavenly bamboo, Sword fern, Mexican petunia, asparagus fern, and Japanese honeysuckle, can be purchased locally at neighborhood garden centers. These plants have become naturalized and are now spreading on their own. Is one of them the next "air potato?"

What You Can Do,

- 1) **Learn** to recognize Florida's non-native invasive plants.
- 2) **Prevention** – do not use plants that have potential to be invasive to natural areas near where you live.
- 3) **Removing** non-native invasive plants from private property can eliminate a major source of invasion into natural areas.

'What You Can Do' is thanks to The University of Florida / Institute of Food and Agricultural Science (UF/IFAS)

For more info & scary pics go to: <http://edis.ifas.ufl.edu/AG108> (photo #11)

http://www.fl-dof.com/forest_management/fh_invasives_index.html (photo #3)

<http://www.nature.org/initiatives/invasivespecies/misc/airpotato.html> (Dr. Barry Rice)

Course Design - I did it! by Will Pirmasch

Do you still do new years resolutions? For the year 2007, I had resolved to become more active within the Orienteering Club. So I volunteered right away, as the vacant 'Course Setter' position for the April RSRSR event was advertised.

Looking back, it might not have been the wisest decision, to face my first course setting experience in a location where I haven't been before - a point I missed in my hurry when volunteering... But ok, here I was with the task, and I was planning to deliver not just average, but good.

First plan, of course, seemed easy. I got myself the map, and thought I'd just drive out there on any weekend, walk around a bit, find some nice spots - features - and make a course. After I was out there, however, I found that after over four hours of walking through the forest, I had only covered about enough ground for the white, yellow, and maybe the orange course - but for the green and red, more adventuring was needed.

I think it was a good thing, that I did not start out with all the spots from previous events in my mind; too easily, this could end with me just designing a cross over of the courses from last year and three years ago, or so. With me not knowing any of the previously used control features, I had some hope that my courses would be unique. Okay, a bit unique - there's just so many features out there.

After two more days in the woods, I finally thought I would have enough good spots, and started my 'final' design. Planning the courses, I quickly found myself in the dilemma between what the recommendations say, and what my experience as a hiker said - for example, for the green course, 5 to 6 km seemed the usual, but when I checked the duration, it seemed like it would take much longer than the recommended 50 to 55 minutes, even in flat Florida. How do they make people orienteer 5 km in 55 minutes in Colorado mountains? I settled for something in between (which was, as the results show, far too long).

Next issue is something probably every course setter experiences - how do I make the controls difficult, but not luck dependant? Good map reading, attack point planning, and proper compass use - in short, good orienteering - should allow the runner to make his way right to the control; no luck should be necessary.

Pertinent literature will tell you that controls should not be right behind a catching feature, so the first 1000 feet behind each trail, river, street, power line, whatever, are typically to be avoided, also of course everything that is right before the next catching feature, otherwise the runner could just run through, and attack backwards.

That has to be penalized by adding extra distance; let's say 300 feet before any trail, etc. is also taboo. What we obviously need, is some larger trail-less patch of forest, that is crossable, has at least one distinct point feature for control placement, and is not too easily reached from the last control on trails.

So far so good, only - there are not so many patches like this out there. So designing the green and red course was a constant struggle against those requirements, in addition to the problem, that they have to add up to about the right amount of distance, and at each control, the direction change should not be more than 120° - the interior of an equilateral triangle. Otherwise, the control could collapse into a dog leg, and runners coming back would give it away to the ones just looking for it.

Furthermore, I tried to avoid some minor issues I saw in previous events: Don't make the course in a way that runners could be seduced to change control sequence, and end up saving a km or a half by taking a control out of sequence, or the whole course in reverse.

In the given location, the forest east of the street is great for white, yellow, and orange, but lacks real challenges for green or red (except in the far south, which is where I sent them). West of the street, it's the other way around - you don't want white, yellow, and orange runners to go there very far, and large areas are pretty much featureless.

In total, I spent about 17 hours in RSRSR, and I was still not happy with my selection of possible control location on the west part. I hope this will be easier next time, when I already know the location roughly - that should help me getting some good ideas already in my armchair.

After I thought that my courses were pretty much done and good (which was only possible with a lot of help from Bob Putnam, not to forget!), I learned that the event was upgraded to a championship event, and also that we needed three additional separate courses for the JROTC participants. That surely eased the pressure on me....

Looking at the results after the event, I have to concede that I generally overshot on length. I have no feedback yet from anybody, but there was no search & rescue, so it seems everybody made it back at least. I am really curious about comments. If you are reading this, and did run on RSRSR, tell me what you think about the course design. Be frank and direct, if something was bad, tell me (or I will do it again!). If something was great, tell me, so I can do it again. Comment on single controls, lengths, whatever. I want to know!

In the following, I have elaborated on thoughts about single control placement and sequence, in the hope that they are helpful for potential future course designers - after all, it is a lot of fun, try it! The eight controls I'm most proud of are marked with 'TOP8' (and you are allowed to disagree).

White Course (1.90 km, 9 controls):

Okay, white is for the kiddies, and they want to have fun and no trouble, right? But I consider it just too boring to simply run a large rectangle along four trails or similar. Still, they should always have a guiding line feature, leading them from control to control, each one easily visible when approaching. There is only so much you can do with this - after all, it's for beginners. But making it varied might whet their appetite, so I tried hard, also for the white course.

1, 2: start very easy, just straight along the road.

3: requires the runner to recognize the vegetation boundary - from lawn to forest - and turn left there. The control was supposed to be visible from 2 though.

4: a little bit more difficulty - runners have to take the right trail. The fourth control with the fourth different feature type, but again visible from afar.

5: along the winding trail, but very simple - the good old palmetto thicket.

6: again something new: the power line as 'softer' line feature. As runners on white cannot be sent right through the forest, and a trail is ordinary, I though this is a great idea. It is slightly more difficult to follow, but should not bestow any problems.

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7, 8: along the power line, riding the new idea.

9: (TOP8) finally, peak 'difficulty' - following the power line 600 ft through brushes and trees, with the road as catch.

Yellow Course (2.82 km, 9 controls):

A bit more wiggle room for ideas and light difficulties - yellow runners can be led slightly away from the path, and should be offered simple cross-country shortcuts, to teach them the efficiency of not following the trails 'all the way around', as well as the basics of navigating off trail.

1: very easy, along the road.

2: (TOP8) runners obviously can go around S-E-N on the trails, or save 80% distance by crossing forty feet of forest.

3: again, runners could just go through the very open forest, to cut off some distance, keeping the trail within visible distance

4, 5: nothing special

6: another chance to short cut through the forest, without risk of getting lost. Also, some other feature than a palmetto is always good

7: more cutting through, a bit more difficult this time. They might find out that the shortest way is not always the best

8: if the runner can use a compass, or other features to identify the correct tree right away, it saves some walking

9: just adding a little bit more distance, and the final leg is again a nice chance to take a short cut instead of trails - no way to get lost.

Orange Course (4.34 km, 12 controls):

Orange is already supposed to be relatively difficult, preparing for the advanced courses, and can use non-obvious and point control features. Still, runners should be protected from getting lost big time.

1: right away a bit of cross country, if only through grass instead of forest

2: (TOP8) here is the chance to go across the forest, instead of all the way around. In addition to the much shorter distance, the control is visible while approaching - along the trail, it is not visible, and runners need to leave the path at the right point and search for it

3: (TOP8) vegetation boundaries are often more difficult to find for beginners and intermediates than other features. Here's a chance to go right through the open forest to it, instead of around on the path

4, 5: Runners need to exactly watch direction and distances here, or they will miss the small depressions. Requires some more orienteering skills

6: mainly to add some distance. Easy control.

7: again, proper map/compass usage (and seeing the power line feature) brings you faster to the control than running to the trail, and attacking from there.

8: maximum difficulty for orange - vegetation border, not so simple to identify the right one.

9: (TOP8) this was a little joke. All the water on the map is gone, so this is effectively a clearing with a depression. However, finding it without using the trails or searching around needs some expertise

10: a small depression only, runners need to watch exactly for where they are. A little bit on the dangerous side; a less good runner could get seriously lost here

11: need to read the map to which tree right away, otherwise try around a while

12: nicely hidden in the forest. Runners need to think about a good attack point, or lose a lot of time.

Green Course (5.75 km, 7 controls):

Full throttle. Green should be as difficult as it gets, just shorter than red. I spent a lot of time finding good control features; I really hope people liked them.

1: more a filler, to separate from red. Warm up only, should not be difficult

2: (TOP8) I'm proud of that one. Perfect position, good orienteering skills needed to find it right away, or you search around or backtrack.

3: I was trying to find some out of the ordinary spots (which brought me many scratches too). This is one of them; I think we never went down there before. Not too difficult, just new

4: the control is not difficult (for green), but important for the path. I wanted to make very sure no one tries to go directly WSW from the previous control to the west side of the road, which is a mostly unmapped and very difficult area. Don't make it too easy to get seriously lost, it's no fun

5: another joke. In the middle of the 'lake'. Otherwise easy.

6: (TOP8) I love that one. Once you are there, very distinct. And easy to backtrack from the trail, if you wanted (or had to) spend the extra distance. With better orienteering, you can get there directly and faster

7: a filler. Needed another point and some distance, and it was too far for green to go all around the large lake. This leg is not very good; you can run along trails all the time. I spent a lot of time trying to improve it, but couldn't get anything better.

Red Course (6.72 km, 10 controls):

Just a little bit longer, but a lot more strenuous. As the results teach me, too long. I still think it was good.

1: right away to my beloved one (same as green 2)

2: same as green 3

3: that's my most unsure one. I wasn't very happy with it, but couldn't find anything better either in the neighborhood. The map is really bad around there, even though we made Jonathan do a zillion changes to it (this area was not remapped in 2006, so it showed still 1996 map + green overlay). The former swamp - now an open area - looks like a moon landscape, and should have been fun to cross.


4: again, the map was really not good around here. The control feature is good, and backtracking from the trail is almost too easy, but it costs distance.

5: (TOP8) I was originally going for the hunters' stand that's in the map, but couldn't find it in hours. This vegetation boundary was very nice, and I like the control, as it is not too easy to find, but not luck dependent either.

6: same as green 6

7: this was really a substitute, which Bob gave me, I have never visited it. My choice was the vegetation boundary NW of it, where the erosion gully crosses it. But it was very difficult area, badly mapped, and just not good enough.

8: I was shooting for the depression further E, but liked this one much better when I found it. Not the greatest control feature, but ok.

9, 10: nothing special, distance makers / pit stops on the way back. 

☑ UPCOMING EVENTS , continued from cover

This is FLO's Fifth Annual "**BECAUSE HUNGER HURTS**" Food Drive for The Second Harvest Food Bank.

Please be generous again this year, **2007 CHALLENGE:**
Meet or Beat M&Ms \$20 food donation!

Contact Event Coordinators Mike & Marilu if you can help:
membership@FloridaOrienteering.org

Remember all pets are OK at RSRSR; must be on leashes.

Directions: Use FLO web-page directions to get to the park. Once inside pay the park's \$2 per vehicle honor system day use fee at the entrance kiosk, hang the tag from your rear view mirror, turn left onto the first dirt road and follow it 1 mile to the staging area on the left, marked by "O" signs.

Oct. 5 to 7 - JROTC Training Weekend

Non-JROTC Volunteers Needed.

This special event is for JROTC units only and will be held again this year at Moss Park/Split Oak Forest. Check the web site or contact Toby Henson at JROTC@FloridaOrienteering.org for details and mandatory pre-registration requirements for your unit.

Overnight camping Friday and Saturday is part of the adventure. A few new wrinkles this year will allow even veteran cadets fresh experience. And of course all experienced units should consider assigning cadets as helpers.

Oct. 13 - Moss Park / Split Oak Forest

Ah, the friendly confines of Moss Park for White and Yellow courses - this venue truly cannot be beat. This is the time to bring out your friends who want to try this for the first time. They'll see a delightfully manicured forest in Moss Park and may see the ubiquitous sand hill cranes, deer and turkey up close as well.

As for the Orange-and-Up crowd, you'll have a bit of a walk to our remote start. It seems our standing reservation on the most convenient pavilion was somehow lost in the bureaucratic shuffle so for this event we will be staging out of Picnic Pavilion #4 in the north end of Moss Park.

This pavilion is more or less 'straight ahead' about 300 yards as you drive in the entrance road. Just ask the ranger on duty as you pay your Day Use fee of \$1 per person. The Lake Mary Jane Beach, toilet facilities and even vending machines, will be nearby.

No pets allowed at Moss Park, leash or no leash.

Course Design: Bob Putnam; (design help needed)

Event Coordinator: **Volunteer Needed.**

November at Wekiwa Springs

Due to Park restrictions, the Wekiwa Springs event will be split into two separate weekends; one for JROTC only and one for "civilians" only.

Nov. 3 - JROTC ONLY

The JROTC will use the same Yellow, Orange and Green courses as will be use the following week for the regular FLO event. See below for notes.

Nov. 10 - WEKIWA Saturday - Civilians only.

Our fabulous success over the years in drawing huge crowds to Wekiwa Springs means that once again, we must split ourselves up. November 10 for civilians and November 3 for JROTC.

That forced split is bad enough, but of course there is yet another hitch in our permit. We have to stage registration and parking at the picnic pavilion near the Spring boil and must then walk/hitchhike/jog/bike out to the Start/Finish table on the "good" part of the map.

This will be the fourth such very-remote-start table event at Wekiwa and we congratulate all FLO members on the extraordinary patience and good humor with which you have accepted it. The location will be the same as for last year's event, if the veterans among you can recall.

We will try our best to provide a shuttle service to save most of you the long walk - it will be over a mile each way! Please consider being a shuttle driver yourself. Contact Bob Putnam at bob@FloridaOrienteering.org to volunteer in any capacity. In previous events we have managed to shuttle most of the folks because volunteers step up.

Wekiwa Springs is of course another of the freshly re-mapped venues and as a course setter I can tell you it is absolutely thrilling to have so many new potential control sites to work with.

The long walk to start may be a terrific nuisance in a way, but it does allow for us to present White course and Yellow course folks with hikes that were not available before.

Come on out and enjoy the luxury of jumping into a 72F spring at the end of the day.

During the event you are free to skip any two controls of your choice. Strategy will be involved.

Event Coordinator: **Volunteer Needed.** Contact Course Designer: Bob Putnam at bob@FloridaOrienteering.org.

Nov. 11 - BUBBA-GOAT at Kelly Park - Sunday.

This special event requires pre-registration. See FLO Web Site for registration form.

The Bubba-Goat is the 12th in the annual series of "Goat" races in the South and is the second hosted by FLO.

Read up on it carefully before you decide to join in. It's tough.
The Long Bubba will be 17 KM and the Short Bubba will be 8 KM.

The format will be mass-start with following allowed. Those finishing within the allotted time limit will receive a commemorative T-shirt of the Travel Country Outdoor style currently used by FLO, but with an added Bubba-thing splashed across the front.

EC/CS: Bob Putnam.



Moss Park March 2007
Jerry Sirmans, Lorena Kleinmann, John Ide
 Lorena is from Buenos Aires, and is a National Orienteering
 Champion of Argentina.
<http://www.adorargentina.org.ar/>



FLO MEMBERSHIP APPLICATIONS
 are available at FLO events & on-line at the FLO web-site

or
 by contacting Mike Dempsey:
 655 Little Wekiva Road
 Altamonte Springs, FL. 32714

Do Your Part to Save the Environment

Get your newsletter fast. No more snail mail. Save resources, for FLO and for our world, switch to electronic delivery.

Plus, get full color pictures & active web links in the e-version!

If this sounds right to you - please e-mail Mike at:

news@FloridaOrienteering.org

RE: ADD me to FLO's newsletter e-list

! VOLUNTEER NEEDED – VOLUNTEER NEEDED – VOLUNTEER NEEDED – VOLUNTEER NEEDED!

FLO CALENDAR OF EVENTS	
Sept 8, 2007 Saturday	Rock Springs Run State Reserve CS: Will Pirnasch & Bob Putnam, EC: Mike Dempsey 5th Annual Second Harvest Food Bank “Because no one should go hungry” Drive.
Oct 5-7, 2007 Fri-Sat-Sun	Moss Park JROTC Training Camp CS: Bob Putnam, EC: Toby Henson JROTC units only - Pre-registration required
Oct 13, 2007 Saturday	Moss Park CS: Bob Putnam (design help needed), EC: Volunteer needed
Nov 3, 2007 Saturday	Wekiwa Springs EC: Toby Henson JROTC units only
Nov 10, 2007 Saturday	Wekiwa Springs CS: Bob Putnam, EC: Volunteer needed Not for JROTC units
Nov 11, 2007 Sunday	Kelly Park / Wekiwa Springs CS/EC: Bob Putnam BUBBA GOAT – PRE-REGISTRATION REQUIRED
Dec 8, 2007 Saturday	Kelly Park - Flo Florida 2007 Championships CS: Will Pirnasch, EC: Volunteer needed Fabulous venue. All amenities. JROTC welcome!
Jan 12, 2008 Saturday	Croom Tract – Withlacoochee State Forest CS: Will Pirnasch, EC: Volunteer needed Newly negotiated permits allow JROTC and FLO to join together for this event.

Events in () are tentative, always check the FLO Hotline for updates

The Florida Orienteer is published 4 times a year: February, May, August & November.

Deadline for submission of material is the 5th with publication scheduled for the 25th.

Send material to Marilu Dempsey: news@FloridaOrienteering.org or 655 Little Wekiva Rd, Altamonte Springs, FL 32714.

The editors reserve the right to edit any submitted materials and publication is on a space available basis.

UPCOMING EVENTS

Sat – Sept 8	RSRSR FLOs 5 th Annual - SECOND HARVEST FOOD BANK - food drive	Courses: W Y O G R B	CS: Pirnasch & Putnam	EC: Mike Dempsey
From I-4 take exit 101C, SR 46 west. After crossing Wekiwa River, look for entrance to preserve on south side of SR 46. There will be a large fence along the south side of road. Follow the signs to the staging area. Entry Fee: \$2 / Car (Honor system) DON'T FORGET TO BRING A NON-PERISHABLE DONATION				
Sat – Oct 13	Moss Park Great 1 st time orienteering venue	Courses: W Y O G R	CS: Bob Putnam	EC: Volunteer needed
Go 2 miles south of the SR 528 (BeachLine Expressway) on SR 15. Turn east on Moss Park Road. Go 3 miles to park entrance. Note: NO PETS ALLOWED within the park, with or without leashes. Entry Fee: \$1 / Person (age 6 and over)				
Sat – Nov 10	Wekiwa Springs *** JROTC event is Nov 3 rd ***	Courses: W Y O G R	CS: Bob Putnam	EC: Volunteer needed
From I-4 exit 94 take SR 434 west 1 mile to Wekiwa Springs Road. Turn right and go 4.5 miles to the park entrance on your right. Pay fee (\$5/Car, \$3 if driver only) at office and follow road to the right. Drive to the far end of the parking area.				
Sun – Nov 11	Wekiwa Springs	Courses: BUBBA GOAT	CS/EC: Bob Putnam	
See directions above				

All dates are tentative. Please check hotline (407) 672-7070 or Web Site: <http://www.floridaorienteering.org/>

All starts are from 10 AM until 1 PM, unless otherwise noted – RAIN OR SHINE

Pre-registration and membership not required, unless otherwise noted – events are open to ALL

HAS YOUR MEMBERSHIP EXPIRED? Check the expiration date on your mailing label.
IF YOU ARE NOT A MEMBER, JOIN NOW - DON'T MISS AN ISSUE!



FIRST CLASS MAIL

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