



# THE FLORIDA ORIENTEER

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**SEPTEMBER 9, 2006**

## **NATIONAL ORIENTEERING DAY**

**DOOR PRIZES  
GREAT COURSES  
GREAT VENUE**

### **☑ UPCOMING EVENTS,** by Bob Putnam

*(DATES ARE TENTATIVE - CHECK THE WEB PAGE FOR UPDATES)*

#### **Sept 9 – SEASON OPENER - Rock Springs Run State Reserve**

In years past we would not have taken the whole summer off, so would not be having a “season opener”, but this year is different.

Hope you are all rested and ready for a fantastic set of courses on a newly revised RSRSR map.

In deference to the expected typical September heat, the advanced courses are all about 30% shorter than usual, but if you have run at RSRSR before you know that distances can be deceiving because it can be slow-going in places due to hurricane deadfall, wiregrass or pine-beetle clear-cuts.

This will be **National Orienteering Day**, which means door prizes to give away and an opportunity to introduce your friends and family members to this hot new sport you've been raving about. Maybe you shouldn't call it "hot" - until December or so.

Anyway, other than the festive atmosphere of National Orienteering Day, and perhaps a thousand (kidding) JROTC cadets, there will be nothing particularly unusual about this event: no map exchanges, no remote starts, no lost souls - - wait...that last one is up to you.

Rock Springs Run is very novice friendly, so don't hesitate to bring out kids and grandparents to enjoy the day. For the ambitious and/or competitive veterans, you'll want to know you will see sights on the advanced courses never before seen.

The JROTC cadets will be out in full force for this first event of their annual scholastic competition; all working toward their April Championship event. If you are a JROTC unit leader who has not yet joined this competition contact Toby Henson at [HensonE@brevard.k12.fl.us](mailto:HensonE@brevard.k12.fl.us) and learn how to become a part of the excitement.

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## **THE FLO FOURTH ANNUAL**

**SECOND HARVEST FOOD BANK “BECAUSE HUNGER HURTS” FOOD DRIVE**  
**OCTOBER 14 - MOSS PARK / SPLIT OAK FOREST .**

**! DON'T FORGET TO BRING YOUR CONTRIBUTION !**

## BILLIES BAY - ONF

June 3, 2006, by Bob Putnam

EC: Ray Bruneau / Jonathan Linforth CS: Bob Putnam

What a fabulous day for Orienteering!

At 10:00 AM it was about 80°F and sunny. At noon about 90°F and still sunny. At 2 about 85°F due to high clouds and some nearby rain & thunder. Few drops on us but nothing much. Later, Janet and I tented at Alexander Springs Sat night and actually got inside our sleeping bags, it was that cool. Couldn't, in good conscience at least, ask for a much better June day in Florida.

Nor could one ask for better help in staging an event. Both Ray Bruneau and Jonathan Linforth took charge, Ray vetted and ribboned control sites and Jonathan took Friday vacation to place controls. Jonathan also, in addition to his usual map pre-printing, bagged all maps so we enjoyed clues-on-map and sealed bags for this one.

Janet Putnam ran registration all day, along with Ray and Jonathan on Start/Finish. Jerry Sirmans, Joe Maliszewski, Ray & Jonathan did pickup while Will Walsh manned the tables. There were many newcomers along with 2 new memberships. Thanks to all.

Coming off a particularly humbling course setting experience at LBE on May 6 that DQ'ed half the field, I was hoping to redeem myself with this set of courses.

I was primarily interested in summer-heat-sensitive shorter lengths and rather casually assumed the level of difficulty on the advanced courses would take care of itself in the Billies Bay forest.

By that I mean that I had assumed that almost anywhere you put a control in Billies Bay will not be overly tricky or too difficult. The only challenge will be to navigate in and out smoothly. As it happens, this simplistic approach ignores mapping imperfections and a host of other difficulties for those folks who are not accustomed to Ocala National Forest terrain. Problems arose. More on this later.

I was also excited to have devised a set of White -Yellow-Orange courses that I thought were downright classic.

The white course involved a series of legs each requiring one navigational decision between controls, at a trail junction, followed by a reward of a control within 100m. Very few compromises needed to be included in this course. To my way of thinking an ideal White course design.

The yellow course involved a series of legs each requiring two navigational decisions between controls and a control reward sometimes 100m and sometimes up to 200m after the second decision. Then there were three opportunities to 'cut-the-corner' by getting off the trails to take the short cut through the forest. Hardly any compromises in the Yellow course at all. That's my kind of Yellow course.

The orange course was most unusual in having 5 consecutive depressions to start off, then finished by sharing two final controls with the advanced courses, although these were the two easiest controls on the advanced courses. I thought this would be an ideal orange.

Results indicate that only the Yellow turned out as I had planned. Orange and White times were way too long, but hopefully that was at least partly due to the fairly small fields. I don't like to see a percentage of DNF, for whatever reason, over 20% and this event shows over 30%.

As for times on the advanced courses, Jerry Sirmans and I went together on red as a training exercise and proved that the controls themselves were not the problem. The control at Red #5 (Green & Brown #4), we decided, was in an area not well mapped in terms of current vegetation and hunters platforms (there are now two new ones). A lesson for future reference we think.

<b>FLO Information</b>
<b>FLO Hot Line: (407) 672-7070</b>
<b>FLO Mail Group:</b> <a href="http://groups.yahoo.com/FloridaOrienteering/">Http://groups.yahoo.com/ FloridaOrienteering/</a>
<b>Web Pages:</b> <a href="http://www.FloridaOrienteering.org">www.FloridaOrienteering.org</a> <a href="http://www.us.orienteering.org">www.us.orienteering.org</a>
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**BILLIES BAY - ONF** continued from page 2

Andy Canelos' 3rd place finish on red is great but came at a price, I found out later. She stepped on a prickly pear cactus and carried the thorn in her foot all the way 'til a Sunday visit to emergency room. OK now. But several of us were picking the tinier cactus needles out of our legs for a few days.

My red course result deserves an asterisk since I designed the course. I offered folks the chance to shadow me on a red run while I talked and attempted instruction of some kind. Jerry was the only one who took me up on it this time. Any slowing resulting from my constant talking was offset from my pushing a bit just to show off here and there. I hope Jerry got something out of it, especially since he was gracious enough to back off for the last two controls, even though he had plenty of steam left and could easily have sprinted ahead at that point. He might claim he backed off only to preserve his eyesight, after getting smacked repeatedly by my branches throughout the run.

A fine day. A fine crowd. Wonderful Billies Bay terrain.

That'll hold me nicely over the summer months.

See you in September. 

**RESULTS – Billies Bay, ONF (BB)**

BB WHITE	
Name	Time
Llano, J	119:00
Huebsch, B	129:00
BB YELLOW	
Name	Time
Martin	42:00
Emert	56:42
Barr	81:50
Acevedo	90:00
Trujillo	103:39
BB- ORANGE	
Name	Time
Eaglin	83:41
Mccandless	90:50
Handlin	96:00
Weber	99:54
Hollop	117:00
Veselinovic	127:00
Blomstrom	137:50
Hobron-Hyland	DNF
Vitiello	DNF
Taylor	DNF

BB- BROWN	
Name	Time
Johnson	61:15
Hamilton	82:53
Humberg	92:15
Tordini	96:42
Spencer	97:30
Mccandless	105:00
Smith	108:52
Leonard-Long	159:09
Johnson	61:15
BB- GREEN	
Name	Time
Dennis/Carolyn	139:32
Hinkson/Wilson	148:37
Mike Dempsey	DNF
John Ide	DNF
Walsh	DNF

BB - RED	
Name	Time
Bob Putnam	51:44
Jerry Sirmans	51:59
Andrea Canelos	90:15
Joe Maliszewski	120:00
Jenkins	131:28
Bonelli	136:42
Boeger	136:48
Hunker	140:00
Hauff	158:42
Pirnasch	173:30
Devendra	DQ
Mcmanus	DQ
Toby Henson	DNF
Hatten	DNF
Shuman	DNF
Tallent	DNF

**FLO MEMBERSHIP APPLICATIONS**

are available at FLO events, and on-line from the FLO web-site

or

by contacting Mike Dempsey:  
655 Little Wekiva Road  
Altamonte Springs, FL. 32714



**☑ UPCOMING EVENTS**, continued from cover

**Sept 9 – SEASON OPENER - RSRSR**

If you think you will be available to help out at this event, contact Russ Steinke at [russt@comcast.net](mailto:russt@comcast.net) and let him know what times you can help or ask for a particular assignment.

We need one more control setter in the early AM (won't affect your eligibility) and we always need control retrievers at the end of the day, but of course know that your offer to volunteer will fit in anywhere at any time. [note: courses have been designed, and control sites vetted and ribboned]

Important: Don't forget to pay the \$2 per vehicle day use fee using the honor system envelopes at the entrance kiosk and to prominently post the tag on your windshield. Our friends at the park are going the extra mile for us again this year by mowing the large parking field just for us and we want to do our very best for them.

**Sept 22 & 23 – SEARCH & RESCUE TRAINING**

**Volunteers Needed**

Volunteers are needed for a local search and rescue group's K-9 tracking and land navigation exercise to take place at Tosohatchee.

There are two dates that volunteers will be needed for - the evening of September 22 2006 to assist with the course set up and during the day on September 23 2006 for the exercise itself.

The volunteers will be used as human controls for a trailing exercise so you may get slobbered on.

Interested parties are directed to contact Kathy Miller via email [kathy.miller@cityoforlando.net](mailto:kathy.miller@cityoforlando.net)

**Sept 23 – JROTC TRAINING**

**Volunteers Needed**

NOTICE: I will pay \$50 each, for up to six adult, experienced orienteer's to help run the JROTC training on Sat. 23 September. [note: courses have been designed, and control sites vetted and ribboned]

Free food and camping are available. I would like to add some credibility to our training and I have lost many of my experienced orienteers.

See the camp info on the FLO web site.

[Contact Toby to volunteer]

1stSgt Effard T. (Toby) Henson (USMC Ret)  
Naval Science Instructor  
150 Terrier Trail South  
Titusville, FL 32780  
321-264-3100 ex351  
[JROTC@FloridaOrienteering.org](mailto:JROTC@FloridaOrienteering.org)

**Oct 14 - Moss Park / Split Oak Forest**

**SECOND HARVEST FOOD DRIVE**

Once again this year we are enjoying the single most beginner-friendly venue (Moss Park), the most beautiful live oak forest (Split Oak) and the FOURTH ANNUAL **"BECAUSE HUNGER HURTS"** SECOND HARVEST FOOD BANK BENIFIT all at once, thanks to the Event Coordinators Mike and Marilu Dempsey.

Consistently large turnouts over the years are probably the result of the conjunction of these three factors.

FLO veterans know too that there is always a logistical surprise or two at Moss Park, simple because we have to get the longer courses over the Lake Hart causeway and into Split Oak Forest to enjoy the best of this venue. Will it be a long walk to Start? Will the start be in Moss and the courses correspondingly longer? Will Lake Hart water levels flood the causeway? Well.....wait and see. You like surprises don't you?

We can tell you the registration & staging area will be the southernmost picnic pavilion in the park, way down near the new campgrounds.

Once again, there is a need for volunteers for all the usual tasks, except that at Moss Park the expected attendance means we REALLY need volunteers.

Please contact the Dempseys at [mmdempsey@earthlink.net](mailto:mmdempsey@earthlink.net) to volunteer, so they don't have to call you at the last minute. [ If you are able help set controls (sites are ribboned & vetted) please contact Joe Maliszewski at [Joe@FloridaOrienteering.org](mailto:Joe@FloridaOrienteering.org) ]

Remember that this map too was recently updated last February and affords us an opportunity to visit parts of Split Oak never before used for courses. You're going to love it. Bear in mind that the Safety Bearing on the advanced courses will be Very Important, if you know what I mean. Advanced courses will be full length and full difficulty, October heat or no October heat. Don't miss it.

[Please remember to bring your non-perishable food donation (money happily accepted). Make checks out to "Second Harvest Food Bank." I really want to show 2<sup>nd</sup> Harvest what FLO can do!! - Marilu ]

**Second Harvest Food Bank of Central Florida** is a private nonprofit organization that collects, stores and distributes donated food to more than 450 nonprofit partner agencies in six Central Florida counties: Brevard, Lake, Orange, Osceola, Seminole and Volusia.

<http://www.foodbankcentralflorida.org/>

**Vision:**

**A hunger-free Central Florida**

**Mission:**

**To fight hunger in Central Florida**

continued on page 5

☑ **UPCOMING EVENTS**, continued from page 4

**Nov 11 – Wekiwa Springs State Park**  
( Not for JROTC )

Our fabulous success over the years in drawing huge crowds to Wekiwa Springs means that once again, we must split ourselves up, using Wekiwa for the 'civilians' and sending the JROTC cadets to another venue for the day. (See next event.)

That forced split is bad enough, but of course there is yet another hitch in our permit. We have to stage registration and parking at the picnic pavilion near the Spring boil and must then walk/hitchhike/jog/bike out to the Start / Finish table on the "good" part of the map.

This will be the third such very-remote-start table event at Wekiwa and we congratulate all FLO members on the extraordinary patience and good humor with which you have accepted it.

We will try our best to provide a shuttle service to save most of you the long walk - it will be well over a mile each way! Please consider being a shuttle driver yourself. Contact Bob Putnam at [bob.putnam@siemens.com](mailto:bob.putnam@siemens.com) to volunteer. In previous events we have managed to shuttle most of the folks because volunteers stepped up.

Wekiwa Springs is of course another of the freshly re-mapped venues and as a course setter I can tell you it is absolutely thrilling to have so many new potential control sites to work with. The vegetation has been mapped to a level of precision unseen in FL and perhaps in the world (I love hyperbole!).

This long walk to start may be a terrific nuisance in a way, but it does allow for us to present White course and Yellow course folks with hikes that were not available before.

Come on out and enjoy the luxury of jumping into a 72°F spring at the end of the day.

Incidentally, as of this writing, we need an Event Coordinator for this event. Contact Bob Putnam.

**Event Coordinator and Control Setter VOLUNTEERS NEEDED.** [note: courses have been designed, and control sites vetted and ribboned]

**Nov 11 – Little Big Econ State Forest**  
( For JROTC only )

This one is just for JROTC cadets. All units bringing a bus need to know you will be required to drop off the cadets and then go park somewhere else. Call ahead if you have not done this before and need some suggestions on these logistics.

The Barr Street parking lot will be the venue staging area. There will be a short walk to a remote Start/Finish. Depending on how tall the fields have grown and whether the park has completed any controlled burns, you may or may not spend all of your time in the flood plain forest.

Sometimes it's actually worse to run through the open fields at LBE, so course designs will be geared for fun, not misery.

In the event pre-registration for the LBE JROTC event are high enough, we may relocate one of the courses up the road 2 miles to Geneva Wilderness, but we won't actually know that until the last few days, so be ready for anything day of the event.

**Dec 9 – Kelly Park**  
**2006 FLORIDA CHAMPIONSHIPS**

Another newsletter will be published prior to this event so not much needs to be said here.

Fabulous venue. All amenities.

JROTC welcome to join us at this site.

Event Coordinators: Jerry Sirmans and Missy Kaler.

Control Setter: VOLUNTEER NEEDED.

**Dec 29 – FLO Winter Annual Meeting**

Heads Up! Mark your calendars now!

Friday December 29, 2006. Plan Now!

Andy Canelos has offered her house once again as the venue for the FLO Winter Annual Meeting.

1208 Clinging Vine Place, Winter Springs, FL.

All FLO members, and interested friends of FLO, are welcome. Once again: Pot Luck Supper. Bring whatever covered dish, dessert, appetizer or vegetable you like as long as it's enough to share. It all seems to work out without pre-planning.

FLO provides plastic ware, soft drinks & ice. Feel free to bring your beverage of choice. Start time for supper will be 6:00 PM. Business meeting commences 7:00 or 7:30 or so and ends by about 9:30 usually.

Andy invites all to stay for pool, darts, tall stories and lies until she kicks you out. We elect new officers this year for 2 year terms and Jonathan Linforth will unveil our new 501.3(c) status. ☑

**Mapping Update and Other News**

**Anastasia State Park, St. Augustine Beach** mapping has begun and as soon as Missy Kaler finishes fieldwork (and as soon thereafter as Jonathan finishes drafting) we'll have an additional date for that inaugural event - maybe Fall, maybe winter - but I expect Missy is prepared to EC that and I can design courses.

We would ordinarily have expected the Gottschalks to assist there but I just heard Debbie is expecting, so they are excused for the season. Congratulations Deb! ☑

# International Control Description Symbols

Course	Length	Climb
<b>Red</b>	<b>7.6 km</b>	<b>210 m</b>
1 101		
2 212		1.0
3 135		

## Column Descriptions

1. Control Number
2. Control Code
3. Which feature (if > 1)
4. The Control Feature
5. Details of Appearance
6. Dimensions
7. Location of marker
8. Other Information

## Column 3

	Northern
	Upper
	Lower
	Middle

## Column 4

	Terrace
	Spur
	Re-entrant
	Earth Bank
	Earth Wall
	Erosion Gully
	Dry Ditch
	Hill
	Knoll
	Saddle
	Depression
	Small Depression
	Pit
	Broken Ground
	Ant Hill
	Cave Opening
	Boulder
	Boulder Field
	Boulder Cluster
	Stony Ground
	Bare Rock

## Column 4 cont

	Lake
	Pond
	Water hole
	Stream
	Ditch / Channel
	Marsh
	Firm Ground
	Well
	Spring
	Water Tank / Trough
	Open land
	Semi-open land
	Forest Corner
	Clearing
	Thicket
	Linear Thicket
	Vegetation Boundary
	Copse
	Distinct Tree
	Root Stock / Stump
	Road
	Path / Track
	Tree Cut
	Bridge
	Power Line
	Power Pylon
	Stone Wall
	Fence
	Crossing Point
	Building
	Paved Area
	Ruin
	Tower
	Shooting Platform
	Marker Stone / Cairn
	Fodder Rack
	Charcoal Burning
	Monument / Statue

## Column 5

	Low
	Shallow
	Deep
	Overgrown
	Open
	Rocky
	Marshy
	Sandy
	Needle Leaved
	Broad Leaved
	Ruined

## Column 6

2.5	Height or Depth (m)
8x4	Size (m)

## Column 7

	Crossing
	Junction
	North East Side
	South East Edge
	West Part
	East Corner (Inside)
	West Corner (Outside)
	Southern Tip
	Bend
	North West End
	Upper Part
	Lower Part
	Top
	Beneath
	Foot
	North East Foot
	Between

## Column 8

	First Aid Point
	Refreshment Point
	Control Check
	Radio or TV control

[www.FloridaOrienteering.org](http://www.FloridaOrienteering.org)

## VOLUNTEER – VOLUNTEER – VOLUNTEER - VOLUNTEER

<b>FLO CALENDAR OF EVENTS</b>	
Sept 9, 2006 Saturday	Rock Springs Run State Reserve NATIONAL ORIENTEERING DAY – door prizes, this is a great new-comer event, so bring your friends! EC: Russ Steinke CS: Bob Putnam
Sept 22-24, 2006 Fri., Sat., & Sun.	Moss Park / Split Oak Forest JROTC TRAINING – <b>Paid Volunteers Needed</b> (Cash, Food, & Camping) EC: Toby Henson CS: Bob Putnam
Oct 14, 2006 Saturday	Moss Park / Split Oak Forest 4th ANNUAL FOOD DRIVE TO BENEFIT THE 2 <sup>ND</sup> HARVEST FOOD BANK – Marilu Dempsey EC: Mike Dempsey & CS: Bob Putnam / Joe Maliszewski
Nov 11, 2006 Saturday	Wekiva State Park NON – JROTC EC: <b>Volunteer Needed</b> CS: Bob Putnam
Nov (18), 2006 Saturday	Little Big Econ State Forest JROTC ONLY - tentative site & date – please check web site for updates EC: Toby Henson CS: Bob Putnam
Dec (9), 2006 Saturday	Kelly Park 2006 FLORIDA STATE ORIENTEERING CHAMPIONSHIPS EC: Jerry Sirmans / Misty Kaler CS: <b>Volunteer Needed</b>
Jan (13), 2007 Saturday	Croom Tract, Withlacoochee State Forest NON – JROTC EVENT – CHECK WEB SITE FOR JROTC SITE & DATE. CS / EC: <b>Volunteers Needed</b>
Feb (10), 2007 Saturday	Ocala National Forest CS / EC: <b>Volunteers Needed</b>
Mar (10), 2007 Saturday	Moss Park/Split Oak Forest CS / EC: <b>Volunteers Needed</b>
Apr (14), 2007 Saturday	Rock Springs Run State Reserve JROTC Championships CS / EC: <b>Volunteers Needed</b>
May (12), 2007 Saturday	Ocala National Forest CS / EC: <b>Volunteers Needed</b>
Jun (2), 2007 Saturday	Little Big Econ State Forest CS / EC: Bob Putnam

**Events in ( ) are tentative, always check the FLO Hotline for updates**

*The Florida Orienteer* is published 4 times a year: February, May, August & November.

Deadline for submission of material is the 5<sup>th</sup> with publication scheduled for the 25<sup>th</sup>.

Send material to Marilu Dempsey: [news@FloridaOrienteering.org](mailto:news@FloridaOrienteering.org) or 655 Little Wekiva Rd, Altamonte Springs, FL 32714.

The editors reserve the right to edit any submitted materials and publication is on a space available basis.

# UPCOMING EVENTS

<b>Sat – Sept 9</b>	<b>Rock Springs Run State Reserve NATIONAL ORIENTEERING DAY</b>	<b>Courses: W Y O Br G R EC: Russ Steinke &amp; CS: Bob Putnam</b>
<p>From I-4 take exit 103, SR 46 west. After crossing Wekiwa River, look for entrance to preserve on south side of SR 46. There will be a large fence along the south side of the road.  <b>Entry Fee:</b> \$2 / Car - honor system – please be sure to pay.</p>		
<b>Sat – Oct 14</b>	<b>Moss Park / Split Oak Forest 2<sup>nd</sup> HARVEST FOOD DRIVE</b>	<b>Courses: W Y O Br G R EC: Mike Dempsey &amp; CS: Bob Putnam</b>
<p>Go 2 miles south of SR 528 (BeachLine Expressway) on SR 15. Turn east on Moss Park Road. It is 3 miles to park entrance.  <b>Entry Fee:</b> \$1 / Person (age 6 and over)</p>		
<b>Sat – Nov 11</b>	<b>Wekiva Springs State Park</b>	<b>Courses: W Y O Br G R EC: <b>Volunteer Needed</b> CS: Bob Putnam</b>
<p>From I-4 exit 94 take SR 434 west 1 mile to Wekiva Springs Road. Turn right and go 4.5 miles to the park entrance on right.  <b>Entry Fee:</b> \$3 (driver only), \$5/CAR (otherwise)</p>		

All dates are tentative. Please check hotline (407) 672-7070 or Web Site: <http://www.floridaorienteering.org/>

All starts are from 10 AM until 1 PM, unless otherwise noted – RAIN OR SHINE

Pre-registration and membership not required, unless otherwise noted – events are open to ALL

HAS YOUR MEMBERSHIP EXPIRED? Check the expiration date on your mailing label.  
 IF YOU ARE NOT A MEMBER, JOIN NOW – DON'T MISS AN ISSUE!



FIRST CLASS MAIL

THE FLORIDA ORIENTEER  
 c/o Manlu Dempsey  
 655 Little Wekiwa Road  
 Altamonte Springs, FL 32714